

Notice is hereby given pursuant to the requirements of section 403(r)(6)(21 U.S. C. 343(r)(6) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Metagenics, Inc. with its principal place of business at 100 Avenida la Pata, San Clemente, California 92673, (949) 369-3372, has commenced marketing the following dietary supplements bearing the following statement(s) on the label and/or in the labeling:

DEC -6 2005

**METAGENICS BRAND**


Name of Supplement	Name of Ingredient or Supplement that is Subject to the Claim	Text of Claim
Mycotaki™	A proprietary 10:1 water extract of Reishi ( <i>Ganoderma lucidum</i> ), Shiitake ( <i>Lentinus edodes</i> ), Fu-Ling ( <i>Poria cocos</i> ), Turkey Tail Mushroom ( <i>Coriolus versicolor</i> ), Oyster Mushroom ( <i>Pleurotus ostreatus</i> ), Cordyceps ( <i>Paecilomyces hepiali</i> ), Maitake ( <i>Grifola frondosa</i> ).	<b>Mycotaki™</b> features a concentrated water extract of 7 nourishing mushrooms recognized for their ability to enhance human health when used long-term. This powerful formula helps to support cellular defenses and a healthy immune response, which are critical for maintaining vitality and overall well-being. Ideal for the young and old concerned about how physical or emotional stress can influence their immunity.

THE UNDERSIGNED CERTIFIES THAT THE INFORMATION CONTAINED IN THIS NOTICE IS COMPLETE AND ACCURATE AND THAT METAGENICS, INC. HAS SUBSTANTIATION THAT THE STATEMENTS CONTAINED HEREIN ARE TRUTHFUL AND NOT MISLEADING.

Date 11/29/05

Metagenics, Inc.

BY:

  
Lisbeth Benoit, M.S., C.N.S.  
Senior Regulatory Affairs Analyst

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